

Abstract

The present study investigated how learning experiences differ in three youth programs as a function of program, relationship with mentor, self-esteem, and self-efficacy. A total of 69 youths aged from 13 to 19 years were recruited from 3 youth programs to complete a questionnaire in Chinese. Findings suggest that different programs offer distinct patterns of learning experiences. Relationship with mentor is the most powerful predictor of positive learning experience, while self-esteem is particularly powerful in predicting negative experience. Program is a predictor across different aspects and self-efficacy has no predictive power on youth learning experience. Implications and limitations of the present study are discussed, and future research directions are suggested.